



Elite

Self Defense Centers

Ultimate training in
Inayan EsKrima • Shaolin Kempo Karate
Okinawan Kobudo • Tai Chi

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <p>509 N Stevenson St De Forest, WI 53532 (608) 219-6228</p> <p>Chief Instructor - Manong Tom Lopez</p> <p>September, 2006</p>					
<p>GROUP AND PRIVATE CLASSES BY APPOINTMENT ONLY CALL FOR AVAILABLE TIMES</p>						

**NO CONTRACTS !
NO REGISTRATION FEES !
FAMILY DISCOUNTS !**




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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 Am	 <p style="text-align: center;">110 Fourth Ave Baraboo, WI 53913 (608) 356-4195</p> <p style="text-align: center;">Chief Instructor - Matt Schmidtke</p> <p style="text-align: right;">April 6, 2006</p>					Demo Team
10:30 Am						
12:30 Pm		ADULTS MIXED RANKS		ADULTS MIXED RANKS		
3:30 Pm	Little Ninja's 4 - 6 Yr's		Little Ninja's 4 - 6 Yr's			
4:10 Pm	Kids - Tots Blue w/stripes & Up	Kids - Jr's Blue w/stripes & Up	Kids - Tots MIXED RANKS	Kids - Tots Blue w/stripes & Up	Kids - Jr's Blue w/stripes & Up	
5:10 Pm	Kids - Tots White thru Blue	Kids - Jr's White thru Blue	Kids - Jr's MIXED RANKS	Kids - Tots White thru Blue	Kids - Jr's White thru Blue	
6:15 Pm	Black Belts	Adults All Ranks	Adults All Ranks	Open Ground	Eskrima & Weapons	
7:30 Pm	Adults All Ranks	Eskrima & Weapons	Serrada Eskrima	Adults All Ranks	Black Belt Training	

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <p>820 Water Street Sauk City, WI 53583 (608) 643-3048</p> <p>Chief Instructor - John Jager</p> <p style="text-align: right;">September 2006</p>					
9:30 Am	Adult Martial Arts Class		Adult Martial Arts Class		Adult Martial Arts Class	Cardio Kickboxing
11:00Am						Mixed Ranks Weapons Class
4:30 Pm	Little Ninja's 3 - 5 Yr's		Little Ninja's 3 - 5 Yr's			
5:10 Pm	Kids 6 - 12 Yr's Mixed Ranks	Kids 6 - 12 Yr's Mixed Ranks	Kids 6 - 12 Yr's Mixed Ranks	Kids 6 - 12 Yr's Mixed Ranks	Kids 6 - 12 Yr's Mixed Ranks	
6:15 Pm	Teens & Adults Mixed Ranks	Cardio Kickboxing	Teens & Adults Mixed Ranks	Cardio Kickboxing	Teens & Adults Mixed Ranks	
7:30 Pm	Cardio Kickboxing	Teens & Adults Mixed Ranks	Cardio Kickboxing	Adults All Ranks	Cardio Kickboxing	

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Inayan
System of Eskrima

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Am	 <p style="text-align: center;">119 S Third St Watertown, WI 53094 (920) 262-7307</p> <p style="text-align: center;">Chief Instructor - Dave Isenberg</p> <p style="text-align: right;">September, 2006</p>					Kids 8 Yr - up
10:00 Am						Kids 9 Yr - up
11:00 m						Adults Mixed Ranks
4:30 Pm	Kids 8 Yr - up					
5:00 Pm		T'ai Chi	Kids 9 Yr - up	Kids 8 Yr - up	T'ai Chi	
5:30 Pm	Kids 9 Yr - up					
6:15 Pm				Adults Advanced		
6:30 Pm	Adults Mixed Ranks	T'ai Chi	Adults Mixed Ranks		T'ai Chi	

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